



Manchester Police Athletic League

Mission

The Manchester Police Athletic League (MPAL) is a center city organization that brings cops and kids together through athletic, educational, and enrichment opportunities to build champions in and out of the gym.

MPAL partners with the Manchester Police Department and all programs are 100% free.

Values

Connecting Cops & Kids

MPAL is dedicated to connecting police officers with community youth to foster positive relationships and community connectedness.

Building Champions

MPAL strives to provide positive role models, expert coaching and a safe environment to build champions in and out of the gym.

Bringing the Community Together

MPAL works in conjunction with local businesses, nonprofits, and academic institutions to broaden our reach and strengthen our network of support.

Developing Youth

MPAL helps participants become contributing members of the community by teaching the values of respect, responsibility, accountability, and the importance of giving back.

Athletic and Enrichment Programs

Aikido | Ambassadors | Arm Wrestling | Boxing | Cooking | Judo | Lifeskills | Wrestling | More



What's required to join MPAL?

MPAL participants must:

Be between ages of 5-18

Be attending school

Be willing to maintain good grades

Be devoted to working hard

Have a desire to succeed

Have a desire to learn leadership skills



Visit www.ManchesterPoliceAthleticLeague.org for more information.

Follow Us @MPAL409BEECHST

